

PE Overview 2019-2023

PE Taught in line REAL PE scheme.	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year A Ash	Exploring space, static balance	Dance, coordination	Gymnastics, balance	Ball skills, agility	Dance, Athletics, fitness	Maypole, coordination
Year A Maple and Willow	Hockey; FUNS dynamic balance to agility	Swimming, Gymnastics Creative cog/ balance floor work	Football FUNS agility ball work, coordination and ball skills	Health and fitness circuit training Physical cog	Dance, rounders FUNS static balance/dynamic balance	Athletics, cricket social cog FUNS agility coordination ball skills
Year B Ash	Exploring, balance	Dance and coordination	Gymnastics, balance Ball skills and agility	Dance and coordination, Ball skills and agility	Health and fitness	Maypole dancing, Athletics and coordination
Year B Maple and Willow	Netball social/cognitive cog	Rugby, swimming, health and fitness physical cog	OAA teamwork and trust activities;	Gymnastics, creative cog	Tennis, creative cog	Athletics Health and fitness cog
Year C Ash	Exploring space, static balance	Dance, coordination	Gymnastics, balance	Ball skills, agility	Dance, Athletics, fitness	Maypole, coordination
Year C Maple and Willow	Hockey; FUNS dynamic balance to agility	Swimming, Gymnastics Creative cog/ balance floor work	Football FUNS agility ball work, coordination and ball skills	Health and fitness circuit training Physical cog	Dance, rounders FUNS static balance/dynamic balance	Athletics, cricket, social cog FUNS agility coordination ball skills
Year D Ash	Exploring, balance	Dance and coordination	Gymnastics, balance Ball skills and agility	Dance and coordination, Ball skills and agility	Health and fitness	Maypole dancing, Athletics and coordination
Year D Maple and Willow	Netball social/cognitive cog	Rugby, swimming, health and fitness physical cog	OAA teamwork and trust activities;	Gymnastics, creative cog	Tennis, creative cog	Athletics Health and fitness cog

PE Overview 2019-2023

RealPE (produced by Create Development) is used as a foundation block from which to build specific skills and knowledge in all aspects of games, gymnastics, athletics, dance and alternative active leisure pursuits. RealPE is constructed from six multi-ability areas of development including creative, social, cognitive, health and fitness, personal and physical. Pupils build skills, knowledge and competitiveness by working as individuals and in groups and their progress is tracked throughout their time at the school. All skills are gradually built on to develop pupils' performance in traditional sports and games. Pupils are given the opportunity to participate in a number of competitive and celebratory Partnership PE and sports events. All pupils are also given the opportunity to learn how to swim and all pupils participate in Meadow Schools. Meadow Schools involves visiting the local meadows and engaging in active cross curricular learning linked with skills in outdoor pursuit. Classes work on a two year cycle.