



January-July 2022

Lunch Menu

Tasty, healthy meals - Well balanced and nutritious - Enjoyed by children

Dear Parent

This School Lunch Company menu has been compiled using ideas from the children, Chef Manager and her team.

We hope your child(ren) will enjoy the new menu. We are passionate about the food we offer and provide a freshly prepared, healthy, nutritious meal every day using fresh produce from local suppliers.

We look forward to welcoming your child(ren).

Les Redhead

Managing Director

Food for physical and mental energy

Our menu meets the requirements of the Government's latest School Food Plan. Research has shown that a hot, two course lunch provides the essential physical and mental energy to get through the demands of a school day.

Allergy information

If your child has an allergy or intolerance, please ask a member of The School Lunch Company team for more information. Allergy menus are available upon request and at the discretion of TSLC. Please also read information below.

Food Facts

- Our meat and fresh seasonal fruit and vegetables are sourced from local suppliers.
- Farm Assured Red Tractor Chicken is used.
- Fresh Bread is wholemeal or 50/50.
- Fruit based desserts are offered to increase nutritional value.
- Sausages and Burgers contain a minimum of 80% meat.
- Free range eggs are used.
- Yeo Valley organic yoghurts are served.



Fresh bread and salad daily



Our menu is not free



2018 CONTRACT CATERER AWARDS WINNER
AWARD WINNER



Call: 07825 344437

www.theschoollunchcompany.co.uk <mailto:les@theschoollunchcompany.co.uk>

January					February					March					April					May					June					July				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
3	4	5	6	7		1	2	3	4		1	2	3	4					1	2	3	4	5	6			1	2	3					1
10	11	12	13	14	7	8	9	10	11	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
17	18	19	20	21	14	15	16	17	18	14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
24	25	26	27	28	21	22	23	24	25	21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
31					28					28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29

Wootton-by-Woodstock C of E Primary School – Jan-July 2022



Wootton-by-Woodstock

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main Option 1	Climate Day Macaroni Cheese	Brunch Bag with Ham / Cheese / Tuna Roll	Roast Chicken with Yorkshire Pudding	Brunch Bag with Ham / Cheese / Tuna Roll	MSC Oven Baked Battered Fish Fillet
	Main Option 2	Baked Bean and Cheese Wrap		Vegetable Puff Pastry Parcel		Crispy Quorn Dippers
	Veg	Carrots • Peas		Roast or New Potatoes • Seasonal Vegetables • Savoy Cabbage • Gravy		Chips or Pasta • Peas • Sweetcorn
	Main Option 3	Filled Jacket Potato		Filled Jacket Potato		Filled Jacket Potato
	Dessert	Apple Flapjack	Tropical Pineapple Cake	Fruit Jelly	Chocolate Tiffin	Iced Fruit Smoothie
Week 2	Main Option 1	Roots to Food Mild Beef Chilli with Rice	Brunch Bag with Ham / Cheese / Tuna Roll	Roast Gammon with Gravy and Yorkshire Pudding	Brunch Bag with Ham / Cheese / Tuna Roll	Oven Baked Fish Fingers
	Main Option 2	Cheese and Tomato Pizza with Half Jacket Potato		Roast Quorn Fillet with Gravy and Yorkshire Pudding		Vegan Sausage Roll
	Veg	Carrots • Peas		Roast or New Potatoes • Seasonal Vegetables • Savoy Cabbage • Gravy		Chips or Pasta • Peas • Sweetcorn
	Main Option 3	Filled Jacket Potato		Filled Jacket Potato		Filled Jacket Potato
	Dessert	Golden Krispie Cake	Sicilian Orange Drizzle Cake	Yoghurt, Peach and Honey Crunch	Chocolate Brownie	Ice Cream
Week 3	Main Option 1	BBQ Chicken Breast with BBQ Sauce	Brunch Bag with Ham / Cheese / Tuna Roll	Roast Chicken Breast	Brunch Bag with Ham / Cheese / Tuna Roll	MSC Oven Baked Battered Fish Fillet
	Main Option 2	Cheese and Tomato Pizza		Roast Quorn Fillet		Quorn Fishless Fingers
	Veg	Oven Baked Jacket Wedges • Carrots • Peas		Roast or New Potatoes • Seasonal Vegetables • Savoy Cabbage • Gravy		Chips or Pasta • Peas • Sweetcorn
	Main Option 3	Filled Jacket Potato		Filled Jacket Potato		Filled Jacket Potato
	Dessert	Lemon Shortbread	Apple and Blueberry Sponge with Custard	Waffle with Fruit Cocktail and Mango Coulis	Cherry and Oat Cookie	Fruit Jelly

Food allergy disclaimer

The School Lunch Company endeavours to identify ingredients which may cause an allergic reaction for those with food allergies/intolerances. Food production teams are instructed on food allergies and potential reactions. Food is prepared in our kitchens where we use products such as milk, eggs, gluten etc and therefore meals may contain these allergens. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. People who are highly sensitive or suffer severe reaction to allergens are therefore informed that the food on offer may not be suitable for their consumption.

The School Lunch Company will not intentionally use nuts or any products containing nuts as an ingredient within our food preparation. If you have an allergy or intolerance please inform a member of staff at the earliest and if in doubt, do not eat our food.



THE SCHOOL LUNCH COMPANY